
A Weekly Update
For The Employees of
North Central Health Care



NEWS YOU CAN USE



WEEKLY CONNECTION WITH MICHAEL LOY

Night Angels, Vaccines, and Resiliency

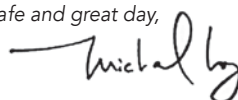
Congratulations to all the 2020 Night Angels! This year marks our third annual Night Angel Awards, as we recognize individual who worked over 25% of their hours on the night shift in the previous year (October 1 – September 30). As this year has shown the importance of the front lines in health care, our Night Angels serve as the Night Watch, keeping our patients and residents safe through the night when most of the world is sleeping. These individuals have courage to often be on their own or work in smaller teams to ensure the job is done each night. Our organization couldn't provide 24/7 services without them and our community is forever grateful for your diligence and commitment. A list of the Night Angels will be included in the NYCU on page 11 and each Night Angel receives a card (with a link to a thank you video), a pin, and a link to order an item that you can wear that signifies that you are a 2020 Night Angel! I love seeing our Night Angels wearing their memorabilia, I'm a big fan of what you do!



This week is a milestone week in the COVID-19 pandemic. With the approval of the first COVID-19 vaccine last week, we are expecting to receive and start to vaccinate our first wave residents and employees this week. We are waiting for our call and as soon as we get it, things will move fast. Most of our residents have told us they want to receive the vaccine, and about 40% of our staff said they would like to receive the vaccine. Another 30% want more information, and another 30% said they didn't want to get the vaccine. We will be releasing our policies and communicating our vaccination plans as they unfold in real-time. While this is a milestone moment, we expect to be using preventative health measures through at least the first 3-6 months of 2021. It is just as important now that you wear a mask, wash your hands, maintain your distance, avoid large gatherings, and stay home if you're not feeling well.

If you haven't completed our Wellbeing Survey, you still have time (deadline is Tuesday, December 15). This year we have started to focus our efforts around preventing burnout and building resiliency. We believe this is through a program that engages you in preventative health efforts, encourages you to be physically active, and supports your stress management efforts. NCHC would like your input to help identify what wellbeing initiatives would be of interest to you. As the concept of wellbeing may mean different things to different people, the purpose of this survey is to obtain your input and suggestions. Your feedback will assist NCHC in furthering a culture that supports healthy lifestyles through education, resources and activities that are most important and are of interest to you.

Make it a safe and great day,



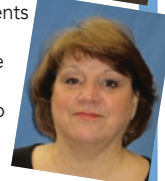
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Shout out

Laural Harder & Kathy DeSantis, Volunteer Services

Why: These 2 work non-stop over here getting all the presents ready for all the patients/clients and residents. And all the people dropping stuff off is just amazing to see. It's nice to see that the generosity and kindness is still there.

Submitted By: Cagney Martin



ADMINISTRATOR ON-CALL x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive "On-Call Information Folder" for Schedule and Cell Phone #'s.

**Monday, Dec. 14 –
Sunday, Dec. 20**

Michael Loy





Wear a Mask – Maintain Social Distance – Wash Your Hands Stay Home If You Are Sick – Report Symptoms to Employee Health and Manager

Cases reported below are current active employee cases. All employee cases previously reported that are no longer shown below have been cleared to return to work from NCHC Employee Health and local health officials based on a review of the individual case details.

PPE GUIDELINES

Visitors: Cloth face covering or surgical masks required. Visitors will be screened using the COVID Screener (Version 3).

Employees: Face coverings required while entering the building. Self-screening required using temperature kiosks procedures. Surgical masks at a minimum required while within all NCHC buildings. Staff may remove masks while working alone in private offices.

Employees Working in Direct Patient/Resident Care:

Each patient/resident care area will be designated as being in Standard or Enhanced Precautions. Units on Enhanced Precautions must have it clearly posted on the entrance to the unit.

- o COVID Standard Precautions – Surgical Mask, Gloves and Eye Protection (Face shield, goggles or safety glasses) required.
- o Enhanced Precautions – N95 Mask, Eye Protection (Face shield, goggles or safety glasses), Gloves and Gown during patient encounters required.

NCHC COVID-19 WEEKLY STATUS REPORT

Confidential Employee Report

Employee Cases Reported through December 10, 2020

Program	Current Active Employee Cases	Date Reported
<u>New Cases</u>		
Outpatient – Wausau	1	12/10
Crisis CBRF – Wausau	1	12/10
Pine Crest – 100/200 Unit	1	12/9
Pine Crest – Support	1	12/9
Pine Crest – Long Term Care	1	12/9
Outpatient – Wausau	1	12/9
BHS – Crisis Services	1	12/8
Pine Crest – Housekeeping	1	12/7
MVCC- Southern Reflections	1	12/7
Adult CBRF – Wausau	1	12/7
Food Services – Wausau	1	12/5
Residential – Riverview Towers	1	12/4
Pine Crest – Life Enrichment	1	12/4
Pine Crest – Hosp. Aide	1	12/4
Pine Crest – Special Care	1	12/4
<u>Previously Reported</u>		
Pine Crest – 900 Unit	1	12/3
Residential – Forest	1	12/3
Pine Crest Food Services	1	12/1
MVCC Northwinds	1	11/29

Total Active Employee Cases 19

Program Hours and Operations Online:
www.norcen.org/Covid-19

GENERAL OPERATIONAL STATUS GUIDELINES:

- Virtual visits and treatment whenever possible.
- Essential visitors and contractors only – compassionate care visits may be approved by a Program Director. Volunteer programming remains suspended.
- In-person meetings are allowed only if each of the participants can maintain appropriate social distance or if there is a physical barrier between individuals.
- Group sizes for meetings or treatment must be limited to 10 or less. On-site interviews and Orientation are allowed with an option for virtual participation provided.
- Current Remote Work guidelines remain. Please work with Manager and Human Resources.
- Program admissions, closures, opening of COVID units, and staff redeployments will be determined by Incident Command daily. Updates provided to staff at least weekly.

PROGRAM-SPECIFIC OPERATIONAL STATUS UPDATES:

MVCC – Units on Enhanced Precautions – Southern Reflections, Lake View Heights, Northern Reflections. Lake View Heights is currently all Covid-positive unit. 2x Weekly Testing Staff & Residents. Open for admissions on South Shore and Northwinds. No Outdoor, Window or Patio Visits allowed. Virtual/Compassionate Care Visits Allowed.

Pine Crest – All Units on Enhanced Precautions. Accepting admissions upon review and referral. 400 Unit is currently all Covid-positive unit. 2x Weekly Testing Staff & Residents. No Outdoor, Window or Patio Visits allowed. Virtual/Compassionate Care Visits Allowed.

BHS Adult Hospital - Open & operational. No visitation allowed.

BHS Enhanced Precautions Unit – Open & operational. Positive Patient on unit.

BHS Youth Hospital - Open & operational.

Crisis Center - Open & operational.

Crisis CBRF - Open & operational. No visitation allowed.

Adult Day Services – Wausau – Open & operational.

Adult Day Services – Antigo – Open & operational.

Prevocational Services – Wausau - Open & operational.

Adult Day/Prevocational Services – Merrill – **Currently Closed December 14 – 25. Reopening Monday, December 28.**

Residential Services – Open and operational. No visitation allowed. Locations on enhanced precautions: **Forest Jackson.**

Lakeside Recovery – Closed. No Admissions.

Outpatient Clinics - Open & operational. TeleHealth appts. as much as possible. No in-person groups.

Community Treatment - Open & operational. TeleHealth interactions as much as possible.

Aquatic Therapy Center – Open & operational.

Adult Protective Services - Open & operational.

Clubhouse - Open & operational. **Hope House** - Open & operational.

Pharmacy - Open & operational.

Transportation - Open & operational for medical, grocery and employment appt transportation for elderly and developmentally disabled.



**Marathon County
Employees Credit Union**

Holiday Hours

Thursday, November 26th.....Closed for Thanksgiving
Thursday, December 24th.....Closed for Christmas Eve
Friday, December 25th.....Closed for Christmas
Thursday, December 31st.....Normal Business Hours
Friday, January 1st.....Closed for New Year's Day

Merry Christmas and Happy New Year
From All of Us at MCECU!



www.mcecu.org
715 261-7685 • 400 East Thomas Street, Wausau, WI 54403

PHOTO OF THE WEEK 



Gingerbread Man - Submitted by Kristin Verhulst

GINGERBREAD MAN

Did you know NCHC's very own Patrick Bacher is a real life Gingerbread Man! Patrick, Clubhouse staff, spent weeks and hours replicating the Wausau Depot for the Historic Landmark Gingerbread Contest this past weekend and took home top prize. Way to go Patrick!

Submit A Great Photo From Your Week!
Submit your photo and description to jmeadows@nrcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting.

NCHC HOLIDAY COURIER DELIVERIES

On Wednesdays During Christmas and New Year's

Our winter holidays this year fall on Thursday and Friday, December 24-25 and December 31-January 1. The NCHC Courier will be doing the weekly Antigo/Merrill Courier runs on Wednesday, instead of Thursday during these holiday weeks. Please be sure to have any items prepared early for the Wednesday pick-up/drop-off.



UGLY CHRISTMAS SWEATER DONATION REQUEST

CBRF Wants Your Ugly!

The CBRF is looking for donations of Ugly Christmas sweaters for our clients. If you would have a donation please ensure the sweaters are freshly laundered and contact Kathy at x4392.

LOOKING FOR CHILDCARE?

Check the NCHC Database of Providers

Earlier in November, we put out a notice asking those available to provide childcare to essential health-care workers to sign up in a database to provide to our NCHC staff. We have a few child care providers who have signed up through our online signup form to provide childcare locally in Merrill and Weston, as well as an agency who assists families in locating childcare providers. If you are looking for childcare, please view their information here:

<https://bit.ly/3g9O7EA>

You can always find this link on our For Employees page of our website at **www.nrcen.org/ForEmployees**

Additionally, you can post your childcare needs on our private Facebook Group NCHC Employee Childcare Connection. If you have kids or grandkids of babysitting age or family who are willing to provide childcare, you can post that information here as well.

All arrangements and vetting are responsibility of the parent and are not affiliated with NCHC.



The Childcare Database is approaching 20 providers! Please check it out if you are interested!



RETIREMENT NEWS

**Congratulations Linda Champine -
Residential Care Assistant**



EMPLOYEE COVID-19 VACCINATION SURVEY

Your Feedback is Requested!



We are conducting a short employee survey to assist the NCHC Incident Command Team in understanding how much staff know about the Covid-19 vaccination and gather any related questions or concerns you may have. The information will be used to develop educational information, create a list of frequently asked questions and answers, and develop any training modules that would be needed to make sure staff feel comfortable and have the facts. This survey should take less than 2 minutes to complete. Visit <https://bit.ly/SurveyVACC> or scan the QR Code with your phone's Camera App!

Got Junk Lights?



**Look for collection boxes across the
Wausau Campus!**

**Other locations can interoffice junk lights
to Communications & Marketing!**

HOLIDAY LIGHT RECYCLING

to benefit Habitat for Humanity!



Bring in your old, junky, burnt out strings of lights.

Habitat for Humanity of Wausau will recycle the materials and use the proceeds to benefit our local Habitat for Humanity efforts here in Central Wisconsin.

It's a WIN WIN!




North Central Health Care
Person centered. Outcome focused.


Habitat
for Humanity
of Wausau

NEW PRESCRIPTION CARRIER & CARDS FOR 2021

Update Your Info with Pharmacy to Avoid Delays

NCHC insurance is changing from Express Scripts to Navitus. Remember to bring in your new insurance cards to pharmacy once you receive them, or call the pharmacy directly with their processing information off of their card. This will ensure that there will be no delays in patient's receiving their medications in a timely manner come the beginning of 2021.



NCHC EMPLOYEE WELLBEING INTEREST SURVEY

Complete by December 15!



NCHC would like your input to help identify what wellbeing initiatives would be of interest to you. As the concept of Wellbeing may mean different things to different people, the purpose of this survey is to obtain your input and suggestions. Your feedback will assist NCHC in furthering a culture that supports healthy lifestyles through education, resources and activities that are most important and are of interest to you.

This survey will be processed by Gallagher Benefit Services, Inc. and is confidential. The results from this survey will be summarized and given to NCHC to help further the wellbeing initiatives.

Take the survey online by visiting this link:

<https://bit.ly/WellBeingSurveyNCHC>

Please complete this survey by end of day Tuesday, December 15. Thank you for your feedback and input!



Holiday Spirit Week

December 14-18 2020



Join us in celebrating the season with residents and staff of all North Central Health Care programs in our annual Holiday Spirit Week. All friends and families are invited to dress up and join in events throughout the week.

Mon. Dec. 14	Tues. Dec. 15	Weds. Dec. 16	Thurs. Dec. 17	Fri. Dec. 18
Tree Topper and Christmas Decorations: Wear a festive Hat, shirt and Socks! Decorate yourself!	Holiday Helper Dress up like a Holiday Elf!	Holiday Colors: Dress up in Red and Green!	PJs and Pancakes: Don your favorite PJs and enjoy	It's Ugly, It's Tacky... It's my Favorite Holiday Sweater!

All programs and departments are welcome to participate!



WELCOME DR. DAVID PELO

Outpatient Clinical Director

NCHC is excited to announce that David Pelo, Ph.D, has accepted the Outpatient Clinical Director position and will be starting on December 14, 2020. Dr. Pelo is a licensed psychologist and comes to us with inpatient and outpatient experience serving both youth and adults. As the Clinical Director, Dr. Pelo will play a key role in enhancing the quality of clinical care provided in Outpatient Services. His role will include education for Therapists as well as Psychiatry Residents, clinical supervision, and direct client care.

Please join us in welcoming Dr. Pelo to our NCHC team.



CELEBRATING HEALTH INFORMATION DAY

NCHC Style!

The NCHC Health Information staff had some fun on our silly mismatch outfit day to celebrate Health Information Professionals Week, NCHC style. Photo by Jennifer Peaslee.



LOOKING FOR A GREAT GIFT IDEA OR STOCKING STUFFER?

Kwik Trip Gas & Gift Cards are available to purchase and proceeds benefit the Aquatic Therapy Program Patients! Visit the Cashier's Office on the Wausau Campus or the Aquatic Therapy Center Reception Desk.

EMPLOYEES ON THE MOVE Congratulations on Your Recent Transfer or Promotion!

Candy Wieloch
recently transferred from Mount View Care Center to Community Treatment Antigo!



Devin Klobucnik
from Laundry recently transferred to Demand Transportation in Wausau!



BOOKS ARE FUN BOOK FAIR Open at Wausau Location!!



Come to the book fair! We offer gifts and books at 40-70% off retail prices. We accept: Post Dated Checks (for up to three weeks past book fair date); Checks, and Credit Cards (MasterCard, Discover, Visa, American Express) Our address is 2100 Grand Ave., Wausau (we are in the strip mall with Young Pharmacy, Halo Salon, and Kin & Kind Public House, or in between the cemetery and Lee's Chicken if you are driving on Grand Ave.)

Wednesdays in December 16, 23 from 12:00 p.m. – 6:00 p.m.

Saturdays in December 12, and 19 from 10:00 a.m. – 2:00 p.m.

You can come in to see the products. Or you can visit the website listed below to order the products and pick up inside or pick up at curbside! The website is <https://bookfaironthemove.com/>

If you are ordering "curbside" please enter "curbside" as "Company" when filling out the information in the ordering form. (We will email you back with our phone number and you can call us when you are curbside). Sign up on our Facebook page for updates.
<https://www.facebook.com/Books-Are-FunCollective-GoodsBook-Fair-On-the-Move-1728291557481955/>

If you know of anyone who receives our mailings, please let them know about our Wednesday and Saturday events, our website and Facebook page so they can keep up-to-date with us. We hope all of you stay in good health during this time. Take care! As always, please email or call us with questions! We miss everyone! Thank you, Darlene and Debbie

EXCLUSIVE HOLIDAY OFFERS FOR EMPLOYEES OF:

North Central Health Care
Valid December 14th to 18th 2020



Cellcom

Bruce Leopold
715-573-7010

Offer valid week of event only or while supplies last. No rain checks. Activation at time of service, service agreement and credit approval required. New line activation or qualified upgrade required. Prices do not include taxes, fees, or other charges. Taxes on monthly access, and equipment may apply. A line set up fee, early termination fee, or device installment balance may apply. If applicable, the early termination fee may be reduced proportionately to the remaining months of the term of the Agreement. Universal Service Fund (USF) and regulatory and other recovery fees charged on all service lines. An E911 fee or Police & Fire Protection fee charged on all service lines. The amount or range of taxes, fees and surcharges, collected and not retained by the carrier, may vary and are subject to change without notice. See retail location or call us for details. Trademarks and trade names are the property of their respective owners. Promotional offer subject to change. Taxes due immediately at time of purchase. Promotional credits are applied monthly over the term of the Agreement. Restrictions apply. See rep for details. Labeling: Because an iPhone SE (2nd Gen), Samsung A51, LG Stylo 6, or Motorola G Power for 55 months in a Samsung Galaxy S10+ 1TB for \$611/month. New Flex 30 Agreement and data package required. Smart Tablet Bundle: Purchase of a new smartphone with a Flex or 2-Year Agreement and new 1TB Tablet with a new Flex Agreement and data subscription required. Must be purchased on the same day and the same account. Returning any portion of the bundle will forfeit the promotions. 15 Day Guarantee: If within 15 days you are not completely satisfied with Cellcom's wireless service, pay for the services you have used and return the equipment in acceptable condition. Other restrictions apply. See store for details.



tidbits on benefits

WELLNESS CORNER

Submitted by Sherry Gatewood, PA

HOW DOES ORAL HEALTH AFFECT YOUR HEART?



Sticky bacterial plaque that builds up on your teeth and inflamed, bleeding gums do more than just threaten your dental health.

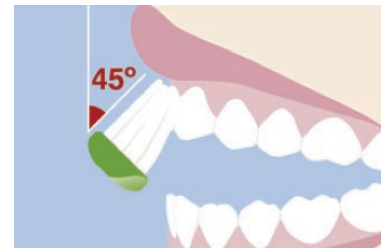
A growing body of research finds that bacteria and inflammation in your mouth are also linked to other problems, including heart attack and may well affect your overall health. Some studies have shown that bacteria in the mouth that are involved in the development of gum disease can move into the bloodstream and damage blood vessels.

How to improve your oral health habits

1. Don't go to bed without brushing your teeth: It's no secret that the general rule is to brush at least twice a day. Still, many of us don't brush our teeth at night. Brushing before bed gets rid of the germs and plaque that build-up throughout the day.
2. Brush properly: The way you brush is equally important — in fact, doing a poor job of brushing your teeth is almost as bad as not brushing at all. Take your time and hold your toothbrush at a 45 degree angle.
3. Don't forget your tongue: Plaque can also build up on your tongue. Not only can this lead to bad mouth odor, but it can lead to other oral health problems. Gently brush your tongue every time you brush your teeth.
4. Treat flossing as important as brushing: Many who brush regularly don't floss. Flossing is a way to stimulate the gums, reduce plaque, and help lower redness and swelling in the area. Flossing once a day is usually enough to gain these benefits. Flossing can be difficult, especially for young children and older adults. Rather than give up, look for tools that can help you floss your teeth. Ready-to-use dental flossers from the drugstore can make a difference.
5. Consider using a mouthwash. Mouthwashes can reduce the amount of acid in the mouth, clean hard-to-brush areas in and around the gums, and help strengthen the teeth. When used as a tool with brushing and flossing, they can be very beneficial.
6. Show off that healthy smile!



Sherry Gatewood, PA



Do You Know of Experienced, Qualified and Reliable Candidates to Join Our Team?

Here's your chance to earn

You could earn the following REFERRAL BONUS...

When your recruit joins the NCHC Team and after you have both met the referral requirements.*

How to Apply? TEXT "Refer" to 715.598.3663 or complete the referral form located in Human Resources. Submit to Human Resources at the time your recruit applies for employment at North Central Health Care.

***Referral requirements:** Half of payment is disbursed after 6 months and the remainder after 1 year. You and your recruit must be in good standing throughout this period.

What does that mean? No written warnings for attendance or other performance issues.

North Central Health Care offers equal opportunity in employment and in service delivery.



Referring Someone for a Job is As Simple As Sending a Text!

**Refer A Friend or Colleague!
Text "Refer" to 715.598.3663**



Ascension

FrontLine

Frontline | December 2020

Employee Assistance Program | ascensionwieap.org | eap@ascension.org | 800.540.3758

Tips for Post-Election Holiday Gatherings

It might be a challenge to safely host a holiday gathering this season—but if you do, look to CDC recommendations and follow local official guidance. Are you determined to curtail political talk in order to reduce conflict, especially among family members? If you believe the tension of political bickering will undermine the enjoyment of your event that you've worked so hard to arrange, consider these tips: 1) Speak with each of your guests separately beforehand and request a commitment to avoid political discussions. 2) Ask these same guests if they can play a monitoring role to help change the subject if conversations steer into a political realm. This turns each guest into both an ally and a gatekeeper. 3) Consider inviting a guest having difficulty following your rules to help with a task at your event that will occupy them in a different way.



COVID-19 Prevention Tip: Mouthwash

Washing your hands when you come home from work, school, or the store is strongly recommended to reduce risk of coronavirus infection. But what about adding gargling with a mouthwash? Researchers demonstrated that an extra layer of protection might be afforded by this practice. They found a routine 30-second oral rinse using an over-the-counter antiseptic mouthwash to be 99.99% effective in killing the coronavirus.

Source: onlinelibrary.wiley.com [search "lowering transmission mouthwash"]

Yes, That's Emotional Abuse

Emotionally abusive relationships are full of confusion and denial for victims. Delays in seeking help are influenced by cycles of abuse followed by remorse, stigma and fear about leaving, damaged self-esteem, blaming yourself, questioning your sanity, and telling yourself, "Deep down he/she really is a good person (or doesn't mean it)." To get traction on change, examine an awareness checklist from an authority website like WomensHealth.gov. It will help you move along the decision path to reaching out for help, like the EAP.

Source: WomensHealth.gov [search "emotional abuse"]

Pandemic Pain and Young People

Teens need peer interaction and emotional validation to grow mentally healthy. So, isolation for teens during the pandemic is difficult. It's not just a drag, it's a risk issue because over one-third of teens periodically have suicidal thoughts. Not knowing when "normal" will return adds to their anxiety. As a parent, trust your gut. If your teenager demonstrates agitated behavior, moodiness, problems with self-motivation, disinterest in school, or is apathetic with unusual sleeping and eating patterns, talk to a professional counselor. A simple assessment may help identify a mental disorder and prevent self-harming behavior or even suicide.

Source: Rutgers.edu [search "teens, pandemic"]



IS YOUR EMPLOYEE HOME ADDRESS UP TO DATE?

Your W2 statement will be delivered in January. Be sure your employee home mailing address and information is accurate and up to date. Log into UltiPro anytime and update in the "Personal" section. Click on the Name, Address & Telephone" link on the left side.

EMPLOYEES REQUESTING TO DONATE PLT

Human Resources will accept donation forms for PLT Donation Bank at any time during the calendar year for employees who wish to donate PLT to the Leave Donation Bank. The donated PLT will be available as calculated on an hour for hour basis and placed in a PLT Donation Bank to be disbursed as the needed. No retroactive donations will be permitted. The sale of accrued leave to any employee is prohibited.

Employees wishing to donate time to the PLT Donation Bank must submit a Request to Donate PLT to their Supervisor and Human Resources. Human Resources will verify the employee's PLT balances and document the donation if eligible. PLT donors must donate a minimum of 4 hours and may donate up to the lesser of 40 hours or 50% of their current PLT balance. A copy of the approved Request to Donate PLT form will be forwarded to the payroll department. Upon receipt of the form, the payroll department will transfer the donated leave hours into the PLT Donation Bank from the PLT balance of the employee making the donation.



Request to Donate Paid Leave Time (PLT)

I, _____, would like to
(Print Name)

donate _____ hours of Paid Leave Time.

I understand this is an irrevocable voluntary contribution and is subject to approval under the Donation of PLT policy.

I understand these hours will go into a bank of hours and given to an employee(s) when in need.

Employee Signature

Employee Number

Date

Supervisor Signature

Date

.....
HR Office Designee: ☐ Approved ☐ Denied

Denial Reason: _____

Human Resources Designee Signature

Date Reviewed

Please return completed form to the Human Resources Department



WAUSAU CAMPUS CAFÉ



NOW OPEN
MONDAY-FRIDAY!



Grab-N-Go Menu

Monday – Friday | 10:30 AM – 7PM or Until Sold Out

Self-Serve and Ready to Eat!

All menu items are pre-made in our kitchen and individually packaged for you to grab and go! Sandwiches and soups are cold and ready to heat at your convenience. No hot foods will be available.

Limited Quantities

Food will be available in limited quantities each day and will not be restocked. When it is sold out, it's sold out.

Self-Check Out

Employees are required to pay with Quick Charge or Credit Card. No cash exchanged. Employees will follow a self check out style purchase by using a touch pad kiosk and swipe badge or credit card to complete transaction. No meal tickets accepted.

Safety Precautions

Hand sanitizer required before entering and after using self-check out stand.
Only 3 people allowed in food selection area at a time to maintain social distancing requirements. Masks required at all times.
No eating in Cafeteria. Please Grab and GO! Beginning November 30, crossing Zones will be allowed to access Café.

Parfaits
Nuts
String Cheese
Greek Yogurt
Cookies

Assorted Bakery
Homemade Soup
Tuesday –Friday Only
(Packaged and
Ready to Reheat)

Assorted Cold
Sandwiches
Assorted Wraps
Milk, Juice, Coffee,
Bottled Water, Tea



Click on the **quickcharge**® icon
on any NCHC Network Computer
desktop and enroll online today!

NCHC Employees, to start using **quickcharge**®,
you must enroll online.

Your username and password are the same
as your network login information.





2020 NIGHT ANGEL



The care we provide does not rest
just because the sun has set
and neither has your dedication.

It is with sincere appreciation and gratitude
that North Central Health Care would like to
recognize your service on the night-shift with
the 2020 Night Angel Award.

We thank you for all that you do.

Recipients of the 2020 Night Angel Award have worked a minimum of 25% of their hours on night-shift
from October 2019 through September 2020.

Erin Achatz
Megan Arrowood
Mary Barbian
Laurie Bauer
Katherine Bauer
Sarah Baumann
Sara Belz
Heaven Bento
Keith Boyce
Mackenzie Brounacker
Jennifer Campbell
Keesha Campbell
Jennifer Carew
Lynnette Chellberg
Juliet Coleman
Tammy Cote
Grace Crass
Brynn Dahlby
Patty Duffrin
Eric Erickson
Lorelie Feldkamp
Krystal Firkus
Kathryn Freund
Kelsey Fusak
Rhonda Geurink
Sadie Graveen
Saretta Gruna

Michaela Guerndt
Ben Guss
Pamela Harper
Molly Hearley
Makayla Heller
Brenda Hill
Craig Hinkens
Stephanie Holloway
Victor Ijomah
Debra Ivacic
Christopher Jackson
Michael Jaeger
Laura Kalk
Jessica Kluck
Korby Krueger
Katie Kuklinski Van Heest
Anthony Lavia
Frances Lee
Kaitlin Lee
Peter Lewandowski
Tara Liebers
Margaret Liebers
Steven Lipinski
Jade Luckman
Danielle Mazzoni-Halverson
Sarah Mesenberg
Amber Meyer

Jodi Mikes
Rachael Miller
Leigh Miller
Myra Monyok
Deborah Musgrove
Jeffery Nelson
Samantha Nicewander
Michelle Oxendorf
Jerald Paez
Denise Paquette
Brandon Parmer
Duke Pendelton
Joseph Peterson
Jonathan Phelps
Jennifer Podeweltz
Christina Pretorius
Jonathan Proctor
Kim Quednow
Donald Riddle
Christina Rivay
Hannah Robenhorst
Mariola Robers
Tracie Robinson
Amanda Roachat
Debra Rodemeier
Cheryl Roets
Samuel Romang

June Ross
Rose Rousseau
Brenda Scheffler
Makayla Schilling
Jessica Schreiber
Todd Schueller
Steven Schultz
Cassidy Smith
April Starr
Francis Stella
Susan Thompson
Julie Truax
Gina Trudell
Betty Upward
Ashley Verhein
Lue Vue
Carrie Warren
Shana Wiesman
Sara Wittman
Mark Woller
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